

SAGE Bistro AND WINE LOUNGE

BRUNCH

10AM – 2PM / SAT & SUN

THE USUAL SUSPECTS...

Express Breakfast \$10

2 eggs/ red potato hash / multigrain toast

Gluten-Free Breakfast \$13

2 eggs/ Valbella back bacon/ Red potato hash / cherry tomatoes
+ Care bakery gluten toast \$4

Sausage & Eggs \$14

2 eggs/ 3 maple chicken Sausages/ red potato hash / multigrain toast

Two Egg Classic \$13

2 eggs/ Canadian back bacon/ Red potato hash / multigrain toast

Bacon Bliss Breakfast \$16

2 eggs/ 5 strips of premium bacon/ red potato hash / Multigrain toast

Three Sisters Breakfast \$18

3 eggs/ 3 maple chicken Sausages/ 3 back bacon/ red potato hash/2 petite whole wheat pancakes/multigrain toast

CAST IRON FRITTATAS...

3 eggs/ open faced baked ommlettes...
Red potato hash / multigrain toast

“The Italian” \$16

Galimax tomato/ fiore di latte/ Arugula

“The Swiss” \$17

Valbella ham/ Gruyère/ scallions

“BENEDICT THE GREAT!”

2 poached eggs/ potato-scallion bread/ Tarragon infused Béarnaise Sauce/
Red potato hash

“The Status Quo” \$16
Valbella back bacon

“The Upstream” \$17
House smoked Steelhead trout

“The Veggie” \$16
Galimax Tomato/ Arugula

Substitute Care Bakery’s gluten-free toast for multigrain toast \$1.50

“The Train Wreck!” \$38 (Ideal for sharing / sorry, no modifications)
4 eggs any style/ 3 maple sausage/ 3 back bacon/ 3 strip bacon/
banana bread French toast/ricotta blueberry pancakes/ local cherry tomatoes/
fruit & berries/ red potato hash / multigrain toast

OTHER BREAKFAST TREATS....

Quiche of the Moment \$15
Olive oil crust / red potato hash

Spicy Chorizo & Pepper Skillet Hash \$16
Spicy Valbella chorizo sausage/ jalapeno & bell peppers/ onions/ Sriracha/
Gruyère/ topped with a sunny-side egg/ red potato hash

Breakfast Ciabatta Panini \$14
Fried egg/ back bacon/ Gruyère/ lettuce/ local tomato/ truffle-chive aioli/ red potato hash

Fresh Ricotta, Blueberry & Lemon Pancakes \$16
White Gold Cheese Factory’s fresh ricotta / blueberry compote / lemon curd
+ 3 maple chicken sausages \$4

Banana Bread French Toast \$16
Cinnamon battered banana bread/ maple butter/ Liberté vanilla yogurt cup
+ 3 maple chicken sausages \$4

Yogurt and Fruit “Martini” \$12
Layers of Liberté vanilla yogurt/ fruit & berries / house made maple nut granola

SIDES & ADDITIONS

Red potato Hashbrowns \$6
Side of Béarnaise Sauce \$3
Side 1 Egg \$2, Side 2 Egg \$3.75
Grilled Potato Scallion Bread \$4
Care Bakery Gluten-Free White Toast \$4.
Vanilla or Plain Yogurt Cup \$3

Gruyère Baked Hashbrowns \$8
Valbella Gourmet Back Bacon (5 Slices) \$3.50
Substitute Fruit for Hash browns or Toast \$4
Multigrain Toast \$3.50
Fruit & Berry Cup \$8
5 Strips of Premium Thick Sliced Bacon \$6.50

Substitute Premium Strip Bacon for Back Bacon \$2
Maple Chicken Breakfast Sausage (3) \$4
Spicy Valbella Chorizo Sausage \$4
Add Cheese \$1.50 (Gruyère / parmesan/ goat feta)
Add 1 Slice of Banana Bread French Toast \$5
Add 1 Ricotta Pancake/ maple butter / confectioner's sugar \$4.50
Add 1 Ricotta Pancake / Blueberry Compote / Lemon Curd \$5.50

LUNCH (available from 11am)

Daily Soup | daily creation | \$8

Onion soup gratinée | caramelized onions | Sherry | chicken broth | Gruyere cheese | \$11

Simple greens | balsamic vinaigrette | tomato | cucumber | roasted corn | bell peppers | \$9

Soup & house salad | choice of onion soup or daily soup |
grilled potato-scallion bread | \$15

P.E.I. mussels | roasted shallot & garlic | white wine | cream | \$16

Beef burger | truffle-chive aioli | butterleaf | corn relish | pomme frites | \$15
Add Gruyère cheese || strip bacon || beer onions | \$1.50

Lamb burger | chimichurri | Dijon aioli | butterleaf | tomato | pomme frites | \$17
Add Gruyère cheese || strip bacon || beer onions | \$1.50

Grilled Alberta sirloin steak sandwich | potato-scallion bread |
balsamic syrup | pomme frites | \$2Add cabernet-demi glace | \$5 or chimichurri \$3

Smoked steelhead trout sandwich | house cold-smoked trout | potato-scallion bread | lemon-chive cream cheese |
red onion | fried capers | lemon | house greens | \$16

Summer saffron risotto | zucchini | green peas | cherry tomato | parm | \$22
Add | \$5 chorizo || \$8 grilled chicken breast || \$7 prawns |

Today's fresh pasta creation | please ask for today's offering | \$MP

Please let us know of ANY allergies at time of ordering. Substitutions, where possible, may incur an extra cost. An 18% gratuity may be applied to parties of 7 or more and international guests. This suggested gratuity is merely a guideline based upon Canadian customs. Please feel free to adjust your gratuity, in either direction, at your discretion.